## LIFE-SAVING SWIM LESSONS

## **DEAF AND HARD OF HEARING (DHH) CHILDREN**

THE YMCA OF WEST SAN GABRIEL VALLEY will offer life-saving swim lessons to Deaf and Hard of Hearing (DHH) children by integrating them and their siblings into our Saturday Swim Lesson program.

- Children 2.5 years of age to 13 years old
- American Sign Language interpreters
- 50 minute Swim Lessons/4 times a month on Saturday mornings
- Instructors: American Red Cross Certified Lifesaving, First Aid/AED trained.
- The Swim Angelfish methodology: encompasses areas of focus and strategies for overcoming roadblocks with Autism, anxiety, motor issues, physical and sensory delays, discomfort, and trauma.
- Licensed Occupational Therapists will provide an internal audit to ensure the needs of the children are being met.
- Our inclusive swim lessons will allow DHH children and their siblings to develop friendships by participating in this integrated program.
- While SAFETY AROUND WATER has been a mission for YMCAs throughout California for over a decade, our goal is to help incorporate this mission into a space that can reach children and their families by offering them a comprehensive and progressive swim lesson program developed around our SAFETY AROUND WATER mission.



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## **YMCA of West San Gabriel Valley**

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Grants funded by:





